



MY JOURNEY
INTO CONSCIOUSNESS

"Who are you?"





What if the movie you thought you were making... was really making you?

My Journey true Layers of Lies is not just a documentary, it's a mirror.

It follows filmmaker and martial artist Ramin Sohrab, who unknowingly filmed his own spiritual awakening after a decade of struggle, loss, and ego-driven pursuit.

What began as a film about sacred plant medicines became a real-time documentation of ego death and rebirth.

Through Ramin's journey from action cinema to inner silence, the film reveals the truth behind Layers of Lies: that the greatest battle is not... outside, it's within.

"I MADE A MOVIE THAT ALMOST KILLED ME."



PRODUCTOIN "layers of lies"			
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SCENE	SHOT	TAKE	
DIRECTOR Ramin Sahrab		CAMERAMAN Mark hobson	
DATE 2018/5/26		Day 6	

"BY THE END OF IT, I WAS COMPLETELY LOST."

From Ego to Awakening

After completing *Layers of Lies*, Ramin realized that even success couldn't fill the emptiness within.

Drawn to the jungles of Puerto Rico and into the hearts of the Taíno tribe, he immersed himself in ancient ceremonies with Kambo, San Pedro, Ayahuasca, Sananga, Cacao and Hapé, not realizing that he was filming the unraveling of his own identity.

The camera captures every layer peeling away the ambition, the persona, the illusion of control until only truth remains.

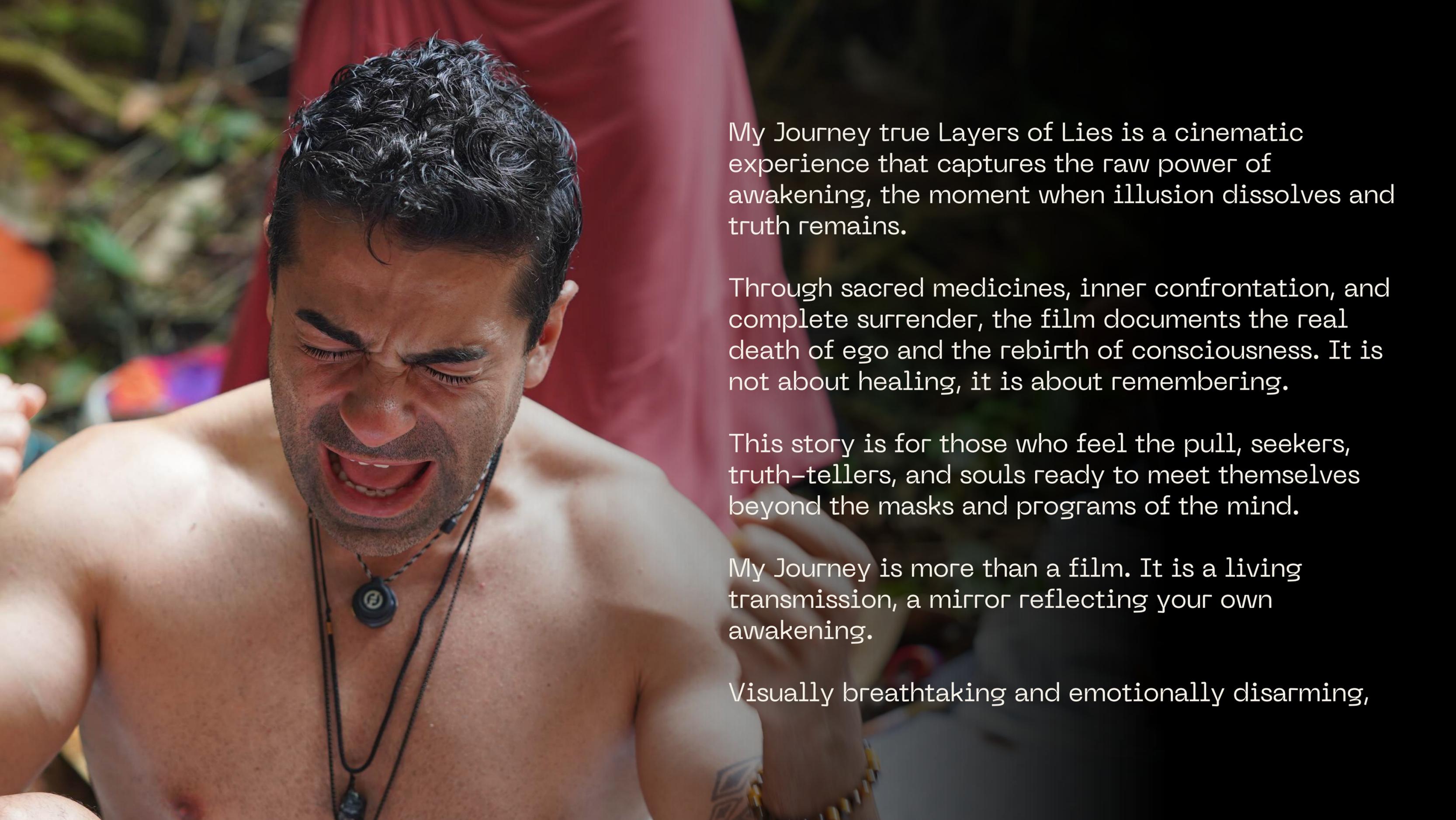
What started as a documentary about medicine became the first cinematic record of a true awakening.

The film closes where *Layers of Lies* began — with the question: "Who are you?" and ends with the answer: "I remember who I am."





"MY JOURNEY IS ABOUT THE DEATH OF EGO AND THE REBIRTH OF MY TRUTH."



My Journey true Layers of Lies is a cinematic experience that captures the raw power of awakening, the moment when illusion dissolves and truth remains.

Through sacred medicines, inner confrontation, and complete surrender, the film documents the real death of ego and the rebirth of consciousness. It is not about healing, it is about remembering.

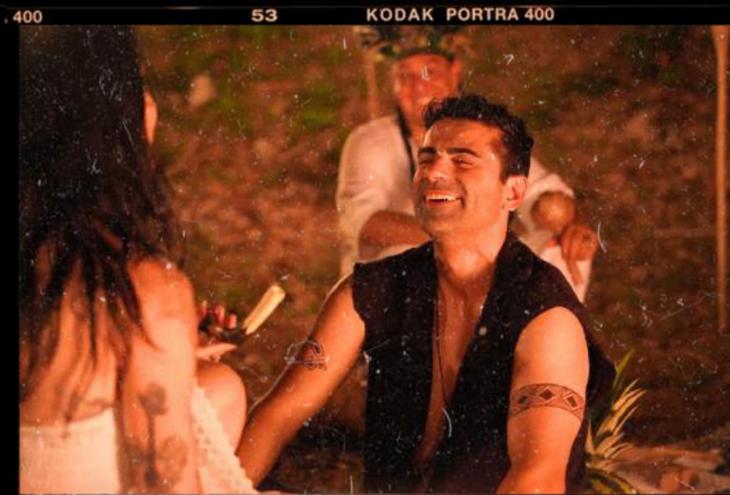
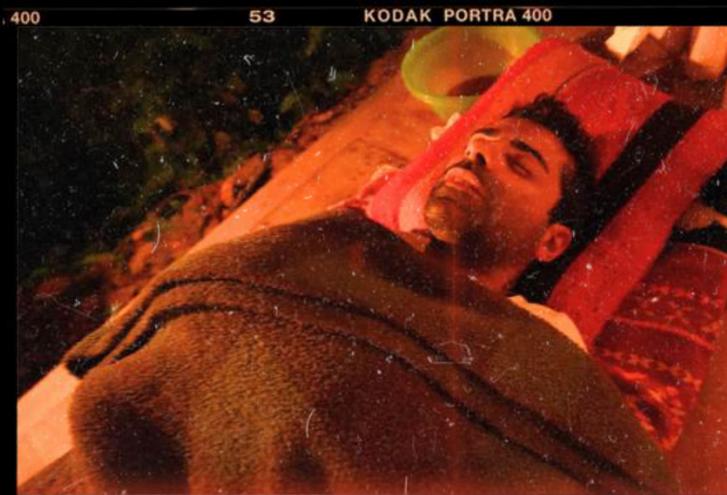
This story is for those who feel the pull, seekers, truth-tellers, and souls ready to meet themselves beyond the masks and programs of the mind.

My Journey is more than a film. It is a living transmission, a mirror reflecting your own awakening.

Visually breathtaking and emotionally disarming,



I MADE LAYERS OF LIES WITH A CREW OVER 200 PEOPLE AND MY JOURNEY WITH MY BEST FRIEND, HENRY.





"EVERY AWAKENING BEGINS WITH A SINGLE REMEMBRANCE
THAT WE ARE ALL CREATORS IN THE SAME STORY."

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filmfreeway.com/myjourneyintoconsciousness

IF THIS STORY RESONATES WITH YOU AND IF YOU FEEL THE CALL TO BE PART OF SOMETHING REAL, CONSCIOUS, AND TRANSFORMATIVE WE INVITE YOU TO JOIN US IN BRINGING MY JOURNEY TRUE LAYERS OF LIES TO THE WORLD.



TO COLLABORATE, SUPPORT, OR CO-CREATE THIS FILM

WWW.MYJOURNEYMOMIE.COM